

# VIRTUE CHIROPRACTIC HEALTH HISTORY

## PATIENT DEMOGRAPHICS

Name: \_\_\_\_\_ DOB: \_\_\_\_-\_\_\_\_-\_\_\_\_ Age: \_\_\_\_\_  Male  Female  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Mobile Phone: \_\_\_\_-\_\_\_\_-\_\_\_\_ E-mail Address: \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Spouse's Name (if applicable) \_\_\_\_\_ Have you ever been in the Military?  Yes  No  
 Whom may we thank for referring you to our office? \_\_\_\_\_  
 FEMALES: Are you pregnant? Yes\_\_ No\_\_ Due date \_\_/\_\_/\_\_

## Pain and Health Concerns

Area of Pain or Health Concern: (List according to severity)	Rate Severity: 0-1-2-3-4-5-6-7-8-9-10	When did this problem start? ___/___/___	Did the problem begin with an injury? YES NO	Are symptoms constant (C) or intermittent (I) C I
Primary: _____	0-1-2-3-4-5-6-7-8-9-10	___/___/___	YES NO	C I
Second: _____	0-1-2-3-4-5-6-7-8-9-10	___/___/___	YES NO	C I
Third: _____	0-1-2-3-4-5-6-7-8-9-10	___/___/___	YES NO	C I
Fourth: _____	0-1-2-3-4-5-6-7-8-9-10	___/___/___	YES NO	C I

Have these Condition(s) ever been treated by anyone in the past?  No  Yes  
 If yes, when? \_\_\_\_\_ by whom \_\_\_\_\_

What relieves your symptoms? \_\_\_\_\_

What makes your symptoms feel worse? Lifting—Bending—Standing--Walking—Sitting—Driving--Laying

**PLEASE MARK** the areas on the body diagram with the following **LETTERS** to describe your symptoms:

**R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/Stabbing T = Tingling**

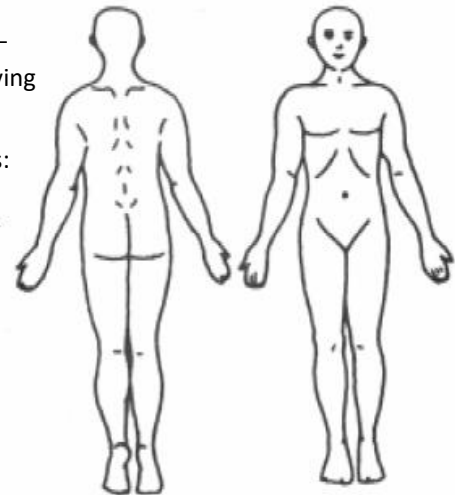
What is your pain level right **now**? 0---1---2---3---4---5---6---7---8---9---10

What is your **average** level of pain? 0---1---2---3---4---5---6---7---8---9---10

What is your pain level at its **best**? 0---1---2---3---4---5---6---7---8---9---10

What is your pain level at its **worst**? 0---1---2---3---4---5---6---7---8---9---10

Please list any injury(s) **and/or** conditions that the doctor should know about:




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# Functional Rating Index

Regarding your MAIN COMPLAINT

In order to properly assess your condition, we must understand how much your main complaint problems have affected your ability to manage everyday activities.

For each item below, please select the one choice which most closely describes your condition right now.

## 1. Pain Intensity

No pain    Mild pain    Moderate pain    Severe pain    Worst possible pain

## 6. Recreation

No pain    Mild pain    Moderate pain    Severe pain    Worst possible pain

## 2. Sleeping

Perfect sleep    Mildly disturbed sleep    Moderately disturbed sleep    Greatly disturbed sleep    Totally disturbed sleep

## 7. Frequency of Pain

No pain    Occasional pain; 25% of the day    Intermittent pain; 50% of the day    Frequent pain; 75% of the day    Constant pain; 100% of the day

## 3. Personal Care (washing, dressing, etc.)

No pain no restrictions    Mild pain no restrictions    Moderate pain; need to go slowly    Moderate pain; need some assistance    Severe pain; need 100% assistance

## 8. Lifting

No pain w/heavy weight    Increased pain with heavy weight    Increased pain with moderate weight    Increased pain with light weight    Increased pain with any weight

## 4. Travel (driving, etc.)

No pain on long trips    Mild pain on long trips    Moderate pain on long trips    Moderate pain on short trips    Severe pain on short trips

## 9. Walking

No pain any distance    Increased pain after 1 mile    Increased pain after ½ mile    Increased pain after ¼ mile    Increased pain with all walking

## 5. Work

Can do usual work plus unlimited extra work    Can do usual work no extra work    Can do 50% of usual work    Can do 25% of usual work    Cannot work

## 10. Standing

No pain after several hours    Increased pain after several hours    Increased pain after 1 hour    Increased pain after ½ hour    Increased pain with any standing

Name \_\_\_\_\_

PRINTED

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**VIRTUE CHIROPRACTIC NOTICE REGARDING YOUR RIGHT TO PRIVACY**

This office conforms to the current HIPAA guidelines. You may request a copy of our HIPPA Policy at the front desk. Please initial to indicate you have been made aware of its availability\_\_\_\_\_.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

**Medical Information Release Form (HIPAA Release Form)**

**Release of Information:**

[ ] I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

- [ ] Spouse \_\_\_\_\_
- [ ] Child(ren) \_\_\_\_\_
- [ ] Other \_\_\_\_\_
- [ ] Information is not to be released to anyone.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_